

Nature Paint Brush

Make your own nature paint brush using a stick and natural objects



Age:3+

Time: 30 minutes

Find materials for this activity in the Children's Discovery Forest.

Here's How:

1. Gather several sticks 10 – 12 inches long.

➤ These will be the handles of your paint brushes.

2. Gather many natural objects you find on the ground, including feathers, leaves, grass, weeds, and moss.

3. Loop a rubber band several times on the end of each stick, or wrap a few grasses around and around the stick.

4. Slide a natural object under the band or grass.

5. Make many paint brushes!

6. At home, dip the brushes into water and paint the sidewalk, or into a paint pot and paint on paper.

➤ **Notice the different textures and patterns the nature objects make.**

The Back Story

Painting experiences stimulate brains and allow children to express themselves in creative and open-ended ways. Handling nature brushes strengthens hands, wrists, and fingers; aids development of motor skills; and contributes to eye-hand coordination and sensory development.